

“The BOUNCE program provides a safe and creative environment for me to be me.”

– 6th grade BOUNCE participant,
Moody Middle School

Created specifically for the middle school years, BOUNCE was developed to empower adolescents to be the leaders of themselves, each other and their community. This three-year process inspires personal growth and builds leadership capacity through self-discovery, a creative approach to learning and community development.

How does it work?

The BOUNCE team makes initiating and operating the program easy for you and your staff. The Lewis Leadership Group brings together students, across all academic levels, once a week for 20 weeks during their school day for 60-minute sessions. We provide two trained BOUNCE leaders per 25–30 young people to encourage intimate group discussion and individual attention. We create an environment of full and free self-expression in a supportive and accountable way. Our leaders use dialogue, exploration, application and creativity to facilitate a discovery process while inviting students to leverage their own personal experiences to make meaning of the concepts.

BOUNCE leaders are a community of emerging and established leaders and leadership coaches who offer their unique perspectives and experiences to bring the curriculum to life.



The BOUNCE program was developed and is facilitated by The Lewis Leadership Group, a Richmond, Virginia-based firm that specializes in leadership development.

Contact us to find out more.

804.308.3539

tllgroup.com



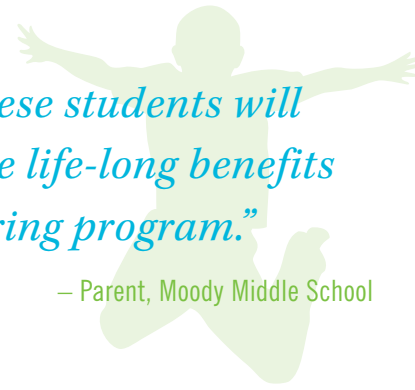
Inspiring
young people
to lead from
the inside out

BOUNCE defines leadership as:

- Becoming the best version of who a person already is
- A way of living and leading one's life
- Doing what's right even when no one is looking

“Someday, these students will recognize the life-long benefits of this inspiring program.”

– Parent, Moody Middle School



What makes BOUNCE different?

- We develop leaders rather than study theories about leadership
- We focus on the process of learning as well as the outcomes
- We focus on the young person as well as their support system – parents, educators, peers

The BOUNCE Three-Year Process

6TH GRADE

The True You

BOUNCE participants will learn to...

See You

- Develop an awareness of strengths, gifts, values, thoughts and feelings
- Become transparent and authentic
- Value people, not stereotypes

Be You

- Be comfortable with who you are
- Choose to be yourself rather than someone else

Be True

- Self-manage thoughts and feelings
- Begin taking responsibility for actions and choices

7TH GRADE

Open Up

BOUNCE participants will learn to...

Open Your Eyes

- Develop a natural curiosity for people
- Appreciate and value that we all come with different experiences and perspectives
- See diversity with a broader lens – thinking beyond race and gender to celebrate differences in thought and experience

Open Your Ears

- Value other people's opinions and ideas
- Listen to others even when you disagree
- Be comfortable when you don't have all the answers

Open Your Heart

- Understand and care for another's situation, feelings and motives
- Communicate with truth, intention and kindness
- Show care and respect toward each other and the larger community

8TH GRADE

Helping Hands

BOUNCE participants will learn to...

Ask for Help

- Ask others for suggestions of how to utilize your talent
- Define your unique passion with the support of peers

Help Out

- Work together willingly for a common purpose or benefit
- Bring out the strengths in each other to accomplish a goal

Help Up

- Put passion and creativity to work to help others
- Offer assistance to others without seeking a reward